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"Truth is an impossible to be soiled by any outward touch as the sunbeam."

THE NEXT TEST.

[illegible] progress [illegible] may be [illegible] and [illegible] began with a [illegible] and that way it has taken the world more than a century to adapt [illegible] relations created by the events of the industrial age. The world are struggling with elementary adjustments between labor and capital. In some the greatest legislative [illegible] the employment of women, sanitary and compensation [illegible] injured workers.

Invention [illegible] of applying science changed the world faster than our minds could adjust themselves to new relationships and conditions. Commerce became world-wide [illegible] in terms of international law and economy. Knowledge became universal before we could arouse ourselves out of our provincialism. Our religious thinking has been slow in adjusting itself to new discoveries of truth.

Modern industrial and social conditions changed the relations of the home to its community before many of us could develop community spirit. The invention of the wheel for transportation and of steam power for industry enabled men to prosper and travel. The result was the breaking up of the clan and tribe. Now we are finding it difficult to adapt our nationalism to the wider relationships that surround us.

The vast expansions and changes in the world during the last one hundred years have mixed not only races for trade ion and prejudices, ideas and ideals faster than ever before. The story of mankind has been much like the story of drugs that a pharmacist mixes. Things are mixed at present. Conditions never were more complex. Civilization at present is undergoing changes not unlike the chemical action that takes place when certain drugs are mixed.

Inevitably, the test of civilization tomorrow will be in the ability of men and nations to adapt themselves to new conditions. To effect changes without creating disturbing [illegible] maintain stability without damaging [illegible] of flexibility are the problems [illegible] that are going to make or break [illegible] tomorrow.

FLATTERING THE MONARCH.

[illegible] repeats itself. One by one the [illegible] were managed and fra[illegible] flattery. Monarchial [illegible] their royal courts [illegible] splendor and power [illegible] the royal weakness for [illegible] emergence of democracy was [illegible] going about the grad[illegible] political system in the [illegible] done it alone but [illegible] the Art Institute and the Field Museum [illegible] on his swimming judgment.

In [illegible] chose a graphic way of pointing to the relative values of art and industry, [illegible] and [illegible]. But the professor's [illegible] somewhat exaggerated. If the [illegible] Chicago and all that is represented were [illegible] from our civilization [illegible] we would find that his college [illegible] would make a load to [illegible] on our soul.

[illegible] who agree with the professor [illegible] the entertainment does not build a [illegible] but few will agree that material [illegible] can be spared. The professor [illegible] an argument much more than foreign the members of the world. The economic [illegible] is not achieved in casting [illegible] out by putting them on a higher [illegible] the manner is right in trying to awaken the age to a sense of spiritual values. But his percentage language is too wild to be convincing.

A GROCER'S PICTURE.

An English grocer has attacked the army of the artists by painting a great picture [illegible] of the past. Well, we don't have the greatest painters now [illegible] who were not [illegible]. President Lincoln was a [illegible] he was not a painter or literature but [illegible] another.

But the arts are the answer more much to the amateurs. The professional performers as a rule are not better statesmen that the boys [illegible] men who are given political responsibility but who do not make public life their career.

It is [illegible] that every man should have a hobby but nevertheless it is true that the man who has a taste for some "leader" [illegible] to refresh himself for his main job. Our interest in our chief work needs to have the stimulus of a diversing hobby. Different is we become stale.

One reason congress opposes the development of the air service is because the air boys want to preserve the congressional monopoly.

The recently famous king of the movies seems to have dropped out of the world. He probably is negotiating for reparations.

Many a man has asked a woman to share his lot, when he did not own one.

Two Kinds of Humor
By DR. FRANK CRANE

MOST humor is the surprise of the unexpected.

It is like going down a strange stairway in the dark.

One kind of humor lies in thinking that there is another step when there isn't, the other kind is the shock that comes from thinking there is no other step when there is.

The former hurts, the latter simply surprises.

So there is one kind of humor that hurts, that has a sting to it, the other kind is that which simply amuses.

An old saying is: "It requires a certain amount of genius to shine in wit, that is as kindly as it is brilliant."

Wit has also been called the Art of Getting Oneself Disliked.

In the one case we laugh at a person and in the other case we laugh with him. In the one case there is co-operation and in the other case we make him ridiculous.

There is a dearth of the kind of humor that is kindly and genial, and there is entirely too much of the kind of humor that leaves bitterness in its trail.

The man that is expert in the latter kind of humor finds his friends growing fewer and fewer, as he lives, on the other kind of man finds his friends growing more and more.

A good example of the kind of humor that is genial and kindly is that of Mark Twain. He always succeeded in making you laugh with him. The other kind of humor is exemplified in that of Bernard Shaw. You feel he is laughing at you.

If a man cares for the favor of his fellows, he should eliminate from that sort of wit which has a [illegible] and should devote his attention to that kind of humor which contains genial good fellowship.

Sometimes when a man reaches the end of the [illegible] he has reached it—that is, when he thinks he has come to the bottom and he has not, a misstep may result in a fatal accident. It may do him harm and not good. So there is a kind of [illegible] whose tendency is to injure and hurt us. There are some people, for instance, who are gifted in saying [illegible] things about their neighbors [illegible] a fatal gift and one to be restrained. For [illegible] kind of people who are absent invariably get [illegible]. If we get into the habit of saying only [illegible] that will bear repeating—[illegible] those who are not present. The [illegible] and cutting things should [illegible] for the good opinion [illegible] tendency to [illegible] that will [illegible] and the [illegible] carefully.

AN IOWAN'S DUTY

[illegible] found it so and told [illegible] of farm [illegible] and [illegible] value of farm products [illegible] value of farm property [illegible] percentage of farm land [illegible] farms equipped with [illegible] proud of our state and [illegible] foundation for us. We have [illegible] to make her [illegible] governmental affairs [illegible] good citizenship. Former [illegible] message to the people [illegible] remarkable that our government [illegible] when [illegible] —Des Moines Register.

MORE WILD "WISDOM"

EXPLAINS WHY THE COMMUNITY CHEST

The campaign committee in charge of the community chest drive for $250,000 which opens Tuesday and closes Friday night, has issued the following communication setting forth some of its objects.

Why a Community Chest? In order properly to finance our welfare institutions and reduce the number of drives necessary to raise sufficient funds for these institutions, the Rotary Club all combined into one and one campaign is conducted, which is known as the COMMUNITY CHEST CAMPAIGN.

What Agencies Are Included In the Community Chest? There are eight agencies included. They are Boy Scouts of America, Community Home, Home for Aged Women, Public Health Nursing Bureau, Social Welfare League, Sunshine Mission, Y. M. C. A., and Y. W. C. A.

Who Makes the Budgets of These Various Institutions. Every one of the institutions is managed by a board of directors, composed of capable business men and women, who serve as directors without pay. They pass on each budget item before it is submitted to the general campaign Budget Committee.

Who Reviews the Final Budgets of the Community Chest Fund? A committee of five bankers and representative business men, none of whom are members of the boards of directors of any of the eight institutions interested in the Fund. They carefully review these budgets to see if the findings are consistent with economic and efficient management.

For What Period Is This Money Raised? To fully pay the operating expenses of the eight institutions from January 1st to December 31st, 1925.

How Is the Money Raised? In addition to giving liberally themselves, three hundred and fifty men and women give their time for three days to calling upon our citizens in order to secure their gifts to the Fund.

How Can I Pay My Subscription? Most subscribers to any fund can give more over a period of one year to any given cause, than if they are required to pay the subscription in full at the time they make it. Subscriptions can be paid monthly, quarterly or semi-annually.

Who Should Give and Why? Every father and mother. As these agencies are constantly creating a more wholesome community in which their children may live.

Every one who is strong enough to work and has worked because those who are sick and out of employment must be provided for by these agencies. Any one of us may sometime need assistance. These agencies are assurances that the deserving in case of distress will receive proper care and attention. Those who are able should pay.

Every property owner. The work of these agencies directly reduces property values and makes Cedar Rapids a more desirable place in which to live.

Since I Do Not Own My Home, Am Not In Business, and Have No Family, Should I Give? Yes—the very fact that Cedar Rapids gives you an opportunity to earn your living and that you enjoy the whole some living conditions here, makes it your duty to give. Your health, your employment, your community, place responsibility upon you.

Am I Individually Responsible for the Success of This Campaign. Yes—Cedar Rapids as a big family. The COMMUNITY CHEST Budget is a part of our boy's family budget. If you don't carry your share of the load, regardless of how large or small your share is, you are not being fair to the other family members.

What Shall I Do? Give liberally even at a sacrifice in order to provide funds so care for those less fortunate than yourself and to provide funds for institutions dedicated to building boys and girls into strong and clean men and women.

PERSONAL HEALTH SERVICE
By WILLIAM BRADY, M. D., Noted Physician and Author

ACID OR NO ACID.

What is the cause runs the composite of a thousand questions, of the formation of acid in a person's stomach—and if so, then what's good for it?

One of the saddest men I know has practically no acid in his stomach, nor will his stomach form any acid to speak of even under great provocation. Let this poor fellow sniff the aroma of a broiling steak or the most detestable pan of pork and beans you ever uncovered while searching for the cookies in a country cousin's pantry and his stomach won't produce enough acid to curdle a semi-coddled egg. Imagine a person whose mouth doesn't water at the smell of new-mown milk fresh from the press and maybe you can appreciate the wretched condition of this chap I speak of. I always think of him and other unhappy creatures in like cases when I hear cantankerous folk complaining of having too much acid in the stomach.

Every healthy individual has an exceedingly sour stomach when his stomach is busy. The contents of the stomach half an hour or so after a meal include about 0.5 per cent of muriatic (hydrochloric) acid and the gastric juice before dilution with food or water contains about 0.5 per cent of muriatic acid, enough to cause intense waterbrash should some of the material accidentally burp up into the esophagus or gullet and reach the throat or enough to produce heartburn should it merely back up into the esophagus.

An interesting quality about gastric juice is its resistance to putrefaction. A sample of this fluid, with its 0.2 to 0.5 per cent of hydrochloric acid will keep perfectly for months and that shows that it has marked antiseptic power. Antiseptic we most remember means simply the prevention of growth or multiplication of germs. The antiseptic action of the gastric juice after it leaves the stomach as chyme (gastric juice mixed with food) and enters the intestine, opposes putrefaction there. This is the reason why people with excessive intestinal putrefaction or fermentation do well to eat green or raw onions, which tend to stimulate the secretion of a greater amount of gastric juice and a juice of higher acid content. But my poor friend whose stomach declines to "water" even for fried corn meal mush had better not lay in an abnormal supply of onions for while onions are powerful they can not wake the dead.

If space were available here it would be in order to tell many more physiological truths about the gastric juice but before we go on let us understand clearly that the term gastric is just a highfalutin' way of saying stomach. People who imagine it refers to the air they swallow or the gas they raise or don't need not feel embarrassed if they have misinterpreted the meaning of the word. It is Greek to us all. Add the suffix ite (iron-word) bounds please everybody and you have gastritis, stomach inflammation, which has the accent on the first i, not on the gas nor on the treat.

The muriatic (hydrochloric) and HCl. of the gastric juice is formed from the chlorids of the blood, chief of which is sodium chlorid, common salt. If an individual is kept for a few weeks on salt free diet the stomach may produce no hydrochloric acid. But don't do and stay—you haven't heard the last of gastric.

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A book of 50 true Cross-Word Puzzles. Some are for beginners, others for advanced puzzlers.
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QUESTIONS AND ANSWERS

Tooth Of Nourith

What food should I take? I am troubled [illegible] with a lack of nourish in my arms. (S. M.)

Answer—What food are you afraid? From your letter what has some minds for the [illegible] would suspect you had worked enough. It is not the way of nourish to provide the subject. I rather [illegible] know that has nothing to do with nourish.

Apples.

To settle a bet [illegible] Mrs. F. M. A.

Answer—No [illegible] for the [illegible].

Oily Skin

Is there any way to remove [illegible] oiliness of the nose and chin? Could a dermatologist do anything? (E. M. C.)

Answer—Try calcine to the skin at night some [illegible] a drop of alcohol and a drop of [illegible] solution [illegible] in four ounces of rose water. In some cases of seborrhea [illegible] only a week of skin food treatments are beneficial.

Mineral Oil.

Kindly inform me if the [illegible] material is digestible. [illegible] I am overweight and [illegible] food [illegible] (Mrs. L. W.)

Answer—No material of this [illegible] food value.

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Dr. Brady will answer all signed inquiries pertaining to health. Where name are never printed. Only inquiries of general interest are answered in this column. But in [illegible] will be answered in the mail if addressed envelope is enclosed. Address for diagnosis or treatment is not [illegible] and can not be considered. Address Dr. William Brady in care of this paper.

QUESTIONS AND ANSWERS

Q. Who invented the Zodiac? B. F. W.

A. The naval observatory says the Zodiac is believed to have originated among the early astronomers of Mesopotamia.

Q. How old is China? J. C.

A. Although the Chinese had serious legends concerning the antiquity of their country standard chronology of China begins with the year 1911 B. C.

Q. What was the Halifax disaster? V. A. G.

A. The explosion and conflagration at Halifax, Nova Scotia, Dec. 6, 1917 was caused by the collision of two ships, one carrying a cargo of war munitions. The total destruction covered two and one-half square miles. The casualties were reported as having numbered 1,635 and the wounded 9,000. Many were blinded, and the property loss was estimated at $50,000,000. The Red Cross [illegible] Mr. [illegible] chairman [illegible] Mrs. Stewart [illegible] Mrs. Cecil Lennox [illegible] Mr. W. J. Hayward. The Red Cross [illegible] was awarded at [illegible] and proper [illegible].

Q. Who was the first European to [illegible] Japan? [illegible] in the [illegible] of the Chinese? J. F. B.

A. Fernando Mendez Pinto (1509-1570) is so credited.

Q. How much wool can be hauled in one day by one mule? C. A.

A. A good hauler can make as high as 700 pounds for the average [illegible] average [illegible] as [illegible] pounds on the [illegible].

Q. When was the Chino-Japanese war ended? W. G. H.

A. The treaty of peace of the Chino-Japanese war was signed at April 17, 1895.

Q. Please tell something about the Florida lobster or crawfish. E. E. B.

A. The fish is called the Florida [illegible] spiny lobster or crawfish. It is being [illegible] to shore from [illegible] to the Florida Keys. It is [illegible] potential enough [illegible] of Miami to be of commercial importance. Seines. Key West dealers ship relatively large quantities out of the city. Some are shipped live and some after being cooked.

[illegible] the [illegible] Bureau of Statistics, Washington, D. C. [illegible] and address and [illegible] stamp for an [illegible]. All [illegible] are confidential, the replies being sent directly to each individual.

JUST FOLKS
BY EDGAR A. GUEST
(Copyright 1925.)

CONFIDENCE.

When did you start to build your name
And make that honored name
Of yours upon the business world?
How did it become
Like book [illegible] to [illegible] old man
And [illegible] the [illegible] men
To [illegible] of [illegible] business men
And [illegible] their confidence?

Did you put all your day to day
The kind words which you could say
Between your early years
[illegible] the [illegible] and crime?
Did you [illegible] and the need
And [illegible] to [illegible]
Helping you could [illegible] all
[illegible] and [illegible] time?

Or was it your [illegible]
You won over fellows' confidence
By [illegible] a [illegible] chance?

Did you [illegible] a [illegible] the [illegible]
You did not pick their faults and say,
I'll make this man some fortune day,
For I kept your reputation clean,
And proved that you were honest.

Will [illegible] that little lad,
Who [illegible] you [illegible] you do?
And how about the confidence
[illegible] to [illegible]?
For if you do you can [illegible]
Has [illegible] [illegible] you to win,
If [illegible] the [illegible] found [illegible]
Would [illegible] be at all.

[illegible] today
[illegible] you are going,
[illegible] has faith in you
[illegible]
[illegible] the [illegible] today
[illegible] you lose his confidence
It is forever gone.

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ALWAYS
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So Quickly
Prepared
and so
Delicious
Serve in ALL Soups
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CEDAR RAPIDS DRUGGIST FINDS NEW COUGH REMEDY

Something new and efficient in the way of a cough sedative, and which is equally reliable in all ailments of the respiratory tract, including bronchitis, asthma, whooping cough, croup and irritated throat has been found by a Cedar Rapids druggist, and can now be obtained at Horak Pharmacies, one in your neighborhood. The price is 50c for a large bottle and is fully guaranteed to give satisfactory results.—Advertisement.

GAINS 10 POUNDS TAKING KARNAK

Nothing Would Help Cedar Rapids Woman Until She Got Karnak.

"When all other medicines failed to help me I tried this new treatment, Karnak, and it has built me up from one hundred and twelve to one hundred and twenty-two pounds in weight and restored me to perfect health," is the enthusiastic and grateful statement of Mrs. J. H. Bailey, 221 N. 11th St., West Cedar Rapids, Iowa, in testifying to the remarkable benefits she has derived from this great preparation.

"I was very, very careful in choosing my food, but even then what little I ate seemed to do me more harm than good," declares Mrs. Bailey. "I was just miserable all the time. I paid out lots of money on medicines and treatments, but it was just money wasted until I got Karnak.

"Karnak seemed to be ridding so many Iowa people of troubles that other medicines had failed to help that I started using this new treatment too, and in more than a month it has proved all the wonderful things said about it to be true. It helped me from the very start, and since taking four bottles my digestion is perfect. I have gained ten pounds, and am enjoying the very best of health. I am so happy to be well again that I feel it my duty to tell others of this remarkable new medicine."

Try Karnak yourself. And remember, Karnak Plus are an essential and vitally important part of the Karnak treatment, especially if constipated.

Karnak is sold in Cedar Rapids exclusively by Horak Pharmacies, in Marion by Carl N. Owen, in Iowa City by W. F. [illegible] and by the leading druggists in every town [illegible].

We Think of Our Job as a Service

THE working man of today, going to work in his automobile, has more comforts and conveniences, than had the old-time emperors, compelled to slow locomotion in horse-drawn vehicles.

We are so accustomed to this state of affairs that we take it for granted. But this amazing development of modern times didn't *just happen*. It was *achieved*.

It was achieved in most part by men who thought of their job as a service—by men who were so obsessed by the idea of achievement—of progress—that they could not help but concentrate all the forces of their mind on wresting new secrets from Nature—creating new wealth—inventing new ways of doing things, or new methods of doing old things better.

The Standard Oil Company (Indiana) has been and is an important factor in bringing about the universal employment of the motor car, thus adding to the business efficiency; bettering the health, and increasing the contentment of all.

The enterprise and thrift of this Company, energized by the earnest desire to serve, has brought petroleum products within the reach of everyone.

It was thinking of the job, rather than the pay; of the service, rather than the profit—which inspired members of this organization to develop that long list of advanced refining and marketing methods which have exerted such a profound influence upon the petroleum industry. It was planning for service to millions, which led to the establishment of gasoline storage depots, tank wagon routes, and service stations—throughout the Middle West.

If you would see this ideal of service in operation, note when you drive into a Standard Oil Company (Indiana) service station the willingness, zeal and efficiency of the man who fills your gasoline tank or drains your crankcase. That man is not "on show." He is just one of thousands who have acquired the *habit of thinking of his job as a service.*

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